## **Disclosure Statement Regarding:**

## Wes Wilson, MA, LMFT, LAC, ACS, AAMFT Supervisor

**Director, Springs Counseling Services** 

Springs Counseling Services, LLC 1880 Office Club Pointe, Suite 1160, Colorado Springs, CO 80920 Phone: (719) 331-3338 Email: Wes@SpringsCounseling.com
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"Blessed is the one who finds wisdom, the one who gains understanding..." Proverbs 3:13

Wes Wilson holds a number of licenses and certifications in the state of Colorado:

- (1.) As a <u>Licensed Marriage and Family Therapist</u> he is qualified to serve individuals, couples and families for issues as well as "systemic" therapy needs.
- (2.) As a <u>Licensed Addictions Counselor</u> he is able to assess, diagnose, and treat those who are dealing with psychological or physiological dependencies. Everybody has some kinds of dependencies. An LAC can serve you better.
- (4.) As a **Supervisor** with the **American Association for Marriage and Family Therapists** he can supervise therapist candidates working towards the LMFT License. He can also supervise those working to become a Supervisor.
- (4.) Wes Wilson is an **Approved Clinical Supervisor** certified by the **National Center for Credentialing and Education**. He trains and certifies therapists who are working towards other licensures or higher qualifications.
- (5.) Wes is also the <u>Director of Springs Counseling Services</u>, <u>L.L.C.</u> He works out of several offices to treat individuals, couples, families, and train other therapists in the State of Colorado.

## **Wes Wilson - Degrees and Credentials:**

**Licensed Marriage and Family Therapist - MFT-922**, State of Colorado.

**Licensed Addiction Counselor** – ACD-272, State of Colorado

**AAMFT Supervisor** – Certified by the American Association for Marriage and Family Therapists

Approved Clinical Supervisor - Certified by the National Center for Credentialing and Education

Master of Arts in Psychology - Pepperdine University Graduate School, Los Angeles, CA, 1977

Clinical Member - American Association of Marriage and Family Therapists (AAMFT)

**Active Member** – American Association of Christian Counselors (AACC)

**Certificate in Psychopharmacology** – Wes is qualified to understand the chemistry of the body and the brain; he can investigate symptoms, needs, and dependencies and can recommend medical options.

**Certified Motivational Interviewing Therapist** – A newer type of treatment for addressing issues affecting patients. **Certified Mediator** – Certified for Colorado Judicial System, 2009

Child Family Investigator - Certified for Colorado Judicial System, Colorado School for Family Therapy, 2009

Parenting Coordinator - Certified for Colorado Judicial System, 2009

Ordained Minister (since 1978) - With International Ministerial Fellowship of Minn., MN

**Bachelor of Arts in Psychology** – Vanguard University, Costa Mesa, CA, 1976

Executive Leadership Certificate - TransLeadership, Colorado Springs, CO, 2004

**Clinical Member** – American Association of Marriage and Family Therapists (AAMFT)

**Active Member** – American Association of Christian Counselors (AACC)

**Founding Member** – Colorado Association of Professional Counselors

Wes is expert in various kinds of assessment, diagnosis, and treatment modalities including Cognitive Behavioral Therapy, Collaborative Communication Therapy, testing, etc. He practices with full respect to a Christian worldview and scriptures from the Holy Bible. By signing this statement you express your authentic intention to pursue psychotherapeutic help and that you do not intend to harm yourself, others, or therapeutic professionals during this course of treatment. Even though sincere care and professional methods will be utilized, no specific results are guaranteed or implied.

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. The Board of Registered Psychotherapist Examiners can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800. As to the regulatory requirements applicable to mental health professionals:

- Registered psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state.
- Certified Addiction Counselor I (CAC I) must be a high school graduate, complete required training hours and 1,000 hours of supervised experience.
- Certified Addiction Counselor II (CAC II) must complete additional required training hours and 2,000 hours of supervised experience.
- Certified Addiction Counselor III (CAC III) must have a bachelor's degree in behavioral health, complete additional required training hours and 2,000 hours of supervised experience.
- ✓ **Licensed Addiction Counselor** must have a clinical masters degree and meet the CAC I. II. and III requirements.
- ✓ Licensed Social Worker must hold a masters degree in social work.
- Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- ✓ Licensed Clinical Social Worker, a <u>Licensed Marriage and Family Therapist</u>, and a Licensed Professional Counselor must hold a masters degree in their profession and have two years of post-masters supervision.
- ✓ A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

Psychotherapy involves the assessment, treatment, and counseling through a professional relationship to assist individuals, couples, or families to alleviate personal issues, relationships and conflicts. We strive to help modify behaviors that interfere with effective emotional, social, or intellectual functioning. Psychotherapy follows a planned procedure of intervention, which takes place on a regular basis, over a period of time, or through a brief, intensive type of program.

Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. There are exceptions to this confidentiality, some of which are listed in section 12-43-218 of the Colorado Revised Statutes as well as other exceptions in Colorado and Federal law. For example, mental health professionals are required to report suspected child abuse to authorities. If a legal exception arises during therapy, if feasible, you will be informed accordingly. The Mental Health Practice Act (CRS 12-43-101, et seq.) is available at: http://www.dora.state.co.us/mental-health/Statute.pdf.

In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.

You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of your therapy (if known), and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time.

Client/Patient Signature	Responsible Party's Signature
Print Client/Patient Name	Responsible Party's Name
Date	